# AAAI/ISMA Step Aerobics Personal Fitness Trainer & Nutrition: Manual Supplement By The Staff Of AAAI/ISMA

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# Kaplen jcc winter program guide kapen jcc winter

is an AFAA personal trainer and holds AFAA Aerobics AAAI, and ISMA certifications and has 12 years experience in Step Aerobics, Nutrition,

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As a certified personal trainer, aerobics instructor, step instructor, Her certifications include AAAI/ISMA Personal and Aerobics, Reiki levels one and two,

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Jan 27, 2015 AAAI/ISMA offers certification to fitness How to Use a Block Step for a Calf Raise; NCSF Personal Trainer Certification;

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#### Aaai- isma certification - american aerobic

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## Maria patete

\*AFAA Group Fitness Certified \*AAAI/ISMA Personal Trainer License to teach lower body workouts using a blend of Zumba routines and step aerobics.

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## Marie hilferty fitness | about

Marie Hilferty provides personal training, AAAI-ISMA-Certified personal fitness trainer, older adult fitness trainer, step aerobics,

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#### **Expertrating**

I received quality knowledge from expertrating: Personal Trainer step aerobics, I switched to certifications through AAAI/ISMA.

# Train with cindy fox new jersey personal trainer

Train with Cindy. Over the last 20 Group/Personal Training, Fitness Videos, Appearances, and Teaching CPR Certification Classes. AAAI/ISMA - Primary & Step

# Aaai isma personal trainer certification sample

Tricia's Compilation for 'aaai isma personal trainer certification sample tests' Follow. an experience that lasts a lifetim e Fitness and AAAI/ISMA Certifications.

# Brooke nigl, ace-pt, welcoa-faculty, cwws |

View Brooke Nigl, ACE-PT, WELCOA-Faculty, CWWS's professional profile on LinkedIn. LinkedIn is the world's largest business network, helping professionals like Brooke

# American aerobics association international -

The American Aerobic Association International and International Sports Medicine Association or AAAI/ISMA Fitness is the premier international fitness instructor

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#### Aerobics and fitness association of america -

Personal Trainer Certification and Group Exercise Certification. Accredited Certifications for Personal Trainer and other fitness and Step Certification are

# Aaai/ isma personal training certification

a requirement to practice as a personal trainer. The American Aerobics Association International The AAAI/ISMA personal training certification is a great

# The aaai/isma personal training test - joe cannon, ms

I get a lot of questions about the AAAI/ISMA personal trainer to personal training (teaching step the personal fitness trainer certification

## Linda m. sadler | linkedin

AAAI/ISMA Personal Trainer Certification current as of 2014 Since 2009 I have also been a certified Group Exercise Instructor teaching Step Aerobics;

## **Presenter bios**

including the IDEA International Personal Trainer and ACE s Fitness Nutrition Manual Work hard, play hardwin big! Certifications: AFAA, AAAI/ISMA.

#### Aaai fitness recertification questions - joe

Also see the AAAI/ISMA Personal Trainer Test for more info on how to prepare for that This is the number on your fitness cert that identifies you to AAAI.

#### Personal trainer secaucus, new jersey - cindy fox

Personal Trainer Secaucus, AAAI/ISMA - Primary & Step Aerobics, Personal Fitness Trainer; AAAI/ISMA Sports Nutrition Certified; AFAA

#### Shaun t - aaai-isma by lanyuehua

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# Cape cod fitness center | classes

CAPE COD FITNESS CENTER IS THE CAPES Ryan Tremblett Certified AAAI/ISMA Personal Training Sports Nutrition TRX Bunni Jones AAAI/ISMA AFFAA Certified Personal

# Pat myers | linkedin

View Pat Myers's professional profile on LinkedIn. Step Aerobics, AAAI/ISMA Breast Cancer Fitness Consultant (2012) AAAI/ISMA Personal Training Certification

#### Fitness certifications - fitness certifications

HLH 356 - Personal Trainer directly from AAAI/ISMA. The FIT courses are approved by study guide for CFR 575-Personal Fitness Trainer

#### Aaai/isma step aerobics personal fitness trainer

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#### Johnny spin | aaai primary group | zoominfo.com

Group Exercise and Fitness Personal Trainer, Certifications: Yoga, Pilates, AAAI / ISMA - Johnny G. Spin AFAA Step Aerobics, www.911fitness.com,

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Aaai Isma One World Conference Colorado Spring will be held in Colorado Springs, Personal Fitness Trainer,

# Www.etsu.edu

8 AAAI/ISMA CECs or 8. AFAA CECs. Step training for 2015 & \_\_\_\_\_\$99 Personal Fitness Trainer Oct 30 & 31

## **Brooke nigl | linkedin**

AAAI/ISMA Starting November 2009. YMCA Certified Group Exercise Instructor (Cardio and Step Aerobics, Group Cycling Certified Fitness Nutrition Specialists

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